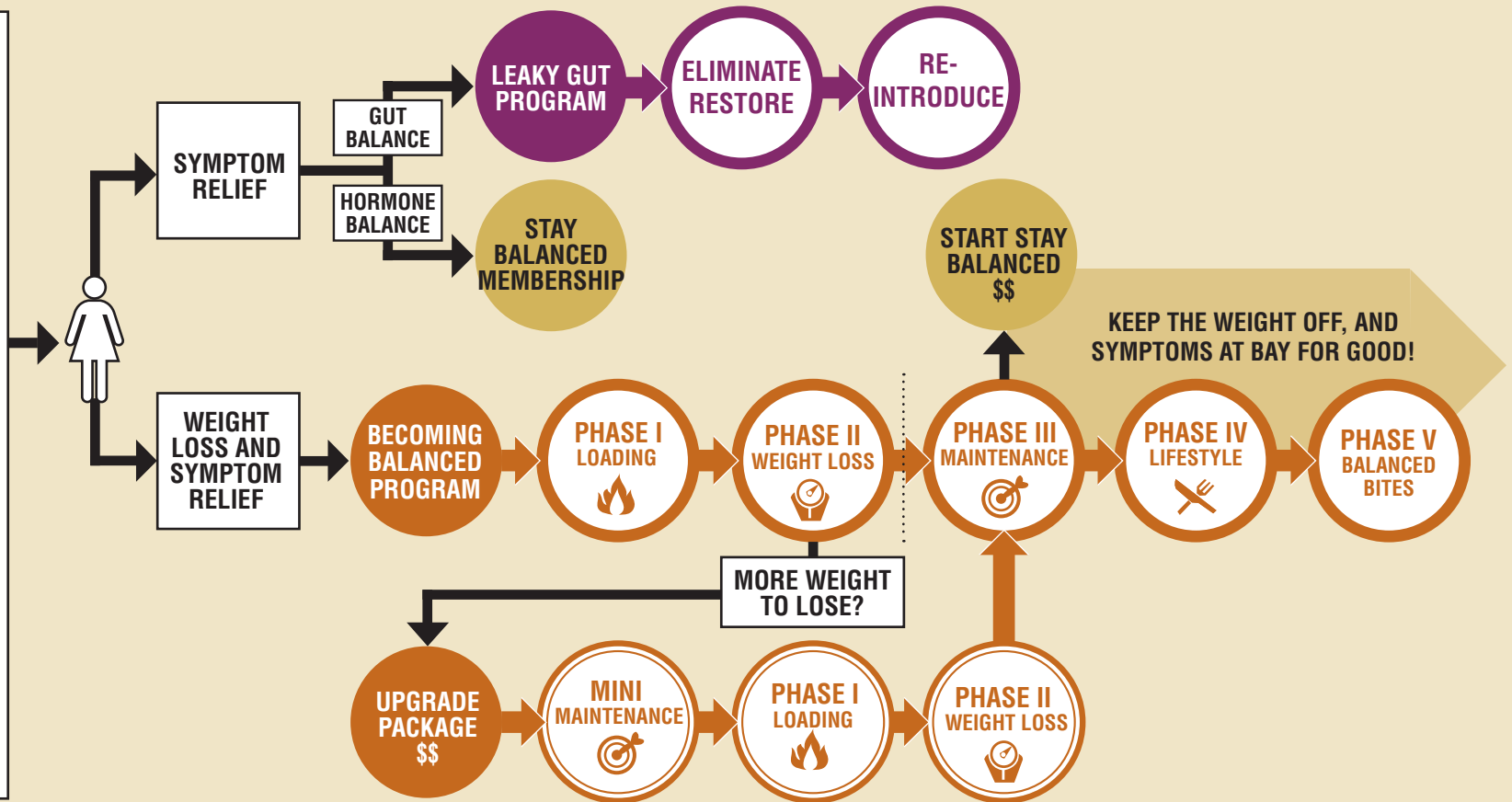


# Your Journey to Balance!

## POSSIBLY EXPERIENCING:

- Stubborn weight
- Fatigue
- Mood swings
- Bloating
- Insomnia
- Cravings
- PMS
- Anxiety
- Brain fog
- Low libido
- Bowel issues
- Vaginal dryness
- Night sweats
- Hot flashes
- Headaches
- Thinning hair
- PCOS
- Skin issues
- Seasonal allergies
- Food sensitivities
- Thyroid issues
- Joint pain
- Endometriosis



\$\$ = Optional, at an additional cost to the Becoming Balanced program